



Menu of Services

2800 Opryland Drive | Nashville, TN 37214 • P: 615-458-1SPA (1772) • F: 615-458-3770 • RelacheOpryland.com

Menu of Services

Massage Therapies

	Minutes	Mon-Thurs	Fri-Sun
Soothing Stone Massage	50	\$150	\$160
	80	\$195	\$205
Aromatherapy Massage	50	\$130	\$140
	80	\$185	\$195
Harmonic Couples Massage**	50	\$270	\$280
	80	\$370	\$380
Deep Tissue Massage	50	\$150	\$160
	80	\$195	\$205
Shiatsu	80	\$190	\$200
Swedish Massage	50	\$130	\$140
	80	\$185	\$195
Neuromuscular Therapy	50	\$150	\$160
	80	\$195	\$205
Mother-To-Be Massage	50	\$130	\$140
Reflexology	50	\$130	\$140
	80	\$185	\$195
Four-Hand Massage	50	\$260	\$270
Acupressure	20	\$75	\$85
Tropical Island Massage	80	\$190	\$200

In-Room Massage Services are available upon request for an additional \$40 per treatment (suites only).

**Swedish and Aromatherapy are recommended for the Harmonic Couples Massage.

Skin Renewal Therapies

Anti-Aging Facial	80	\$185	\$195
Ultra Glycolic Peel	50	\$160	\$170
Vitamin C Facial	50	\$135	\$145

Facial Therapies

The Gaylord Glow	80	\$185	\$195
Relâche Spa Signature Facial	50	\$135	\$145
Organic Oxygen Facial	50	\$135	\$145
Cascades Moisturizing Facial	80	\$185	\$195
Harmonic Couples Facial	50	\$280	\$290
	80	\$380	\$390
Gentlemen's Hot Towel Facial	50	\$135	\$145
Purifying Back Facial	50	\$135	\$145

Make-Up Services

Make-Up Application-Relâche Signature	20	\$50	\$55
Special Occasion Make-up	50	\$75	\$80
Eye Lash Enhancement (strip/individual)	20	\$45	\$50
	45	\$75	\$80
Brow Tinting	15	\$35	\$40

Treatment Enhancements (Times may vary)

	Mon-Thurs	Fri-Sun	
Relaxing Scalp Treatment	15	\$25	\$25
Warm Hot Towel Treatment		\$15	\$15
Ultimate Smoothing Back Therapy		\$25	\$25
Acid Exfoliation Peel		\$25	\$25
Eye & Lip Treatment		\$25	\$25
Organic Microderm Exfoliation		\$25	\$25
Micro-Current Face Lift		\$45	\$45
Micro-Current Brow Lift		\$25	\$25
Ultimate Foot Therapy		\$15	\$15

Waxing (Times may vary)

Back or Chest Wax	from \$65	from \$65
Chin Wax	from \$25	from \$25
Forearm Wax	from \$40	from \$40
Full Arm Wax	from \$50	from \$50
Full Leg Wax	from \$80	from \$80
Half Leg Wax (includes knees)	from \$45	from \$45
Lip Wax	from \$25	from \$25
Brow Wax	from \$25	from \$25
Underarm Wax	from \$30	from \$30
Bikini Wax	from \$50	from \$50

Brazilian technique not available.

Signature Body Therapies

	Minutes	Mon-Thurs	Fri-Sun
Herbal Mud Therapy Treatment	50	\$135	\$145
Detox Body Wrap	80	\$185	\$195
Firming Body Wrap	50	\$135	\$145
Tropical Island Glow	50	\$135	\$145
Bourbon Cactus Firming Body Wrap	50	\$135	\$145

Spa Packages

	Mon-Thurs	Fri-Sun
Here Comes the Bride	\$360	\$370
The Executive	\$240	\$250
Time Together	\$536	\$546
The Escape	\$212	\$222
The Retreat	\$300	\$310

Nail, Hand & Foot Therapies

	Minutes	Mon-Thurs	Fri-Sun
Classique Manicure	30	\$45	\$50
Classique Pedicure	50	\$65	\$70
Shellac Manicure	50	\$60	\$65
Royal Relâche Manicure	50	\$65	\$70
Royal Relâche Pedicure	80	\$95	\$100
Tropical Paradise Manicure	50	\$55	\$60
Tropical Paradise Pedicure	50	\$75	\$80
Express Pedicure	20	\$45	\$50
Shellac Pedicure	50	\$80	\$85

Nail Enhancements & Upgrades

Nail Repair (each)	15	\$15	\$20
Nail Removal & Manicure*	50	\$65	\$70
Polish Change	15	\$25	\$25
Paraffin Treatment (hands or feet)	15	\$25	\$25
French Polish Upgrade (hands or feet)	15	\$15	\$15

*Gental removal of your current enhancements for a fresh start.

Hairstyling (Times may vary)

	Mon-Thurs	Fri-Sun
Gentlemen's Designer Hair Cut	from \$35	from \$40
Gentlemen's Designer Hair Cut/Color	from \$50	from \$55
Women's Shampoo/Hair Cut	from \$75	from \$80
Shampoo/Style	from \$50	from \$55
Special Occasion Style	from \$65	from \$70
Style for the Bride*	from \$80	from \$85
Designer Highlights	from \$140	from \$145
Designer Highlights/Hair Cut	from \$180	from \$185
Single Color	from \$85	from \$90
Single Color/Hair Cut	from \$125	from \$130
Special Effects Color	from \$25	from \$25
Corrective Hair Color		Prices and times are based on consultation with stylist
Relaxer and Style	from \$90	from \$95
Express Conditioning Treatment	from \$35	from \$35
Deluxe Conditioning Treatment	from \$55	from \$55

*Practice styles not included

**For all chemical services, a conditioning treatment is recommended

Children's Services

	Minutes	Mon-Thurs	Fri-Sun
Princess Up-Do (10 and under)	30	from \$50	from \$55
Wiggle Worm Haircut (5 and under)	30	from \$25	from \$30
Princess Manicure (10 and under)	30	from \$30	from \$35
Princess Pedicure (10 and under)	30	from \$50	from \$55
Make-Up 101	30	from \$50	from \$55

Must be accompanied by an adult 18 years old or older.

Fitness Services

	Minutes		
Personal Training			
One-on-One Session	50	\$75	Appt. Only
Fast Zone	30	\$35	Appt. Only
Body Composition	30	\$50	Appt. Only
Group Activities			
Wellness Lecture & Group Class			
5K Runs			